



Techne® qPCR test

# **Lactobacillus acidophilus**

Recombinase A (recA) gene

150 tests

For general laboratory and research use only



# Introduction to *Lactobacillus acidophilus*

*Lactobacillus acidophilus* is a species of gram positive bacteria in the genus *Lactobacillus*. *L. acidophilus* is a homofermentative, microaerophilic species, fermenting sugars into lactic acid, and grows readily at low pH values (below pH 5.0) and has an optimum growth temperature of around 37 °C. It is of particular interest to the dairy-food industry.

*L. acidophilus* is part of the body's natural flora and occurs naturally in the human and animal gastrointestinal tract and mouth. Some strains of *L. acidophilus* are considered, particularly by certain food manufacturers, to have probiotic characteristics. These strains are commercially used in many dairy products, sometimes together with *Streptococcus thermophilus* and *Lactobacillus delbrueckii* subsp. *bulgaricus* in the production of acidophilus-type yogurt.

*L. acidophilus* LA-5 produces bacteriocin CH5 that is both antibacterial and inhibitory against certain yeasts and molds and is effective against both *Salmonella typhimurium* and *Campylobacter jejuni*. It has been shown to improve bowel regularity and has been shown to have a preventative effect against traveller's diarrhea, as well as antibiotic-related bowel issues.

Notably, Antibiotics taken orally will kill beneficial, as well as harmful, bacteria, including *L. acidophilus*.

There are many fermented dairy products that use *L. acidophilus* including yogurt and some types of cheese. Sweet acidophilus milk is consumed by individuals who suffer from lactose intolerance or maldigestion, which occurs when enzymes (lactase) cannot break down lactose (milk sugar) in the intestine.

There are many species in the genus *Lactobacillus* (e.g. *L. acidophilus*, *L. malefermentans*, *L. casei*, *L. collinoides*, *L. brevis*...), this genesig® kit specifically targets the conserved Recombinase A (*recA*) gene of *L. acidophilus* which allows for accurate detection of *L. acidophilus* but not other *Lactobacillus* species.

Real-Time PCR remains the most cost effective, rapid and accurate method of detecting *L. acidophilus*. With optimal conditions highly accurate and reliable assays can be performed in under 2 hours.

# Specificity

The Techne qPCR Kit for *Lactobacillus acidophilus* (*L.acidophilus*) genomes is designed for the in vitro quantification of *L.acidophilus* genomes. The kit is designed to have the broadest detection profile possible whilst remaining specific to the *L.acidophilus* genome.

The primers and probe sequences in this kit have 100% homology with a broad range of *L.acidophilus* sequences based on a comprehensive bioinformatics analysis.

If you require further information, or have a specific question about the detection profile of this kit then please send an e.mail to [technehelp@bibby-scientific.com](mailto:technehelp@bibby-scientific.com) and our bioinformatics team will answer your question.

# Kit Contents

- **L.acidophilus specific primer/probe mix (150 reactions BROWN)**  
FAM labelled
- **L.acidophilus positive control template (for Standard curve RED)**
- **Internal extraction control primer/probe mix (150 reactions BROWN)**  
VIC labelled as standard
- **Internal extraction control DNA (150 reactions BLUE)**
- **Endogenous control primer/probe mix (150 reactions BROWN)**  
FAM labelled
- **RNase/DNase free water (WHITE)**  
for resuspension of primer/probe mixes and internal extraction control DNA
- **Template preparation buffer (YELLOW)**  
for resuspension of positive control template and standard curve preparation

## Reagents and equipment to be supplied by the user

### Real-Time PCR Instrument

#### DNA extraction kit

This kit designed to work well with all processes that yield high quality DNA with minimal PCR inhibitors.

#### Lyophilised 2x qPCR Mastermix

This kit is designed to work well with all commercially available Mastermixes.

#### Pipettors and Tips

#### Vortex and centrifuge

#### Thin walled 1.5 ml PCR reaction tubes

## Kit storage and stability

This kit is stable at room temperature but should be stored at -20°C on arrival. Techne does not recommend using the kit after the expiry date stated on the pack. Once the lyophilized components have been re-suspended, unnecessary repeated freeze/thawing should be avoided. The kit is stable for six months from the date of resuspension under these circumstances.

If a standard curve dilution series is prepared this can be stored frozen for an extended period. If you see any degradation in this serial dilution a fresh standard curve can be prepared from the positive control.

## Suitable sample material

All kinds of sample material suited for PCR amplification can be used. Please ensure the samples are suitable in terms of purity, concentration, and DNA integrity (An internal PCR control is supplied to test for non specific PCR inhibitors). Always run at least one negative control with the samples. To prepare a negative-control, replace the template DNA sample with RNase/DNase free water.

## Dynamic range of test

Under optimal PCR conditions Techne *L.acidophilus* detection kits have very high priming efficiencies of >95% and can detect less than 100 copies of target template.

## Notices and disclaimers

This product is developed, designed and sold for research purposes only. It is not intended for human diagnostic or drug purposes or to be administered to humans unless clearly expressed for that purpose by the Food and Drug Administration in the USA or the appropriate regulatory authorities in the country of use. During the warranty period Techne® detection kits allow precise and reproducible data recovery combined with excellent sensitivity. For data obtained by violation to the general GLP guidelines and the manufacturer's recommendations the right to claim under guarantee is expired. PCR is a proprietary technology covered by several US and foreign patents. These patents are owned by Roche Molecular Systems Inc. and have been sub-licensed by PE Corporation in certain fields. Depending on your specific application you may need a license from Roche or PE to practice PCR. Additional information on purchasing licenses to practice the PCR process may be obtained by contacting the Director of Licensing at Roche Molecular Systems, 1145 Atlantic Avenue, Alameda, CA 94501 or Applied Biosystems business group of the Applied Biosystems Corporation, 850 Lincoln Centre Drive, Foster City, CA 94404. In addition, the 5' nuclease assay and other homogeneous amplification methods used in connection with the PCR process may be covered by U.S. Patents 5,210,015 and 5,487,972, owned by Roche Molecular Systems, Inc., and by U.S. Patent 5,538,848, owned by The Perkin-Elmer Corporation.

## Trademarks

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The PCR process is covered by US Patents 4,683,195, and 4,683,202 and foreign equivalents owned by Hoffmann-La Roche AG. BI, ABI PRISM®, GeneAmp® and MicroAmp® are registered trademarks of the Applied Biosystems (Applied Biosystems Corporation). BIOMEK® is a registered trademark of Beckman Instruments, Inc.; iCycler™ is a registered trademark of Bio-Rad Laboratories, Rotor-Gene is a trademark of Corbett Research. LightCycler™ is a registered trademark of the Idaho Technology Inc. GeneAmp®, TaqMan® and AmpliTaqGold® are registered trademarks of Roche Molecular Systems, Inc., The purchase of the Techne® Prime Pro reagents cannot be construed as an authorization or implicit license to practice PCR under any patents held by Hoffmann-LaRoche Inc.

# Principles of the test

## Real-time PCR

A *L.acidophilus* specific primer and probe mix is provided and this can be detected through the FAM channel.

The primer and probe mix provided exploits the so-called TaqMan® principle. During PCR amplification, forward and reverse primers hybridize to the *L.acidophilus* DNA. A fluorogenic probe is included in the same reaction mixture which consists of a DNA probe labeled with a 5`-dye and a 3`-quencher. During PCR amplification, the probe is cleaved and the reporter dye and quencher are separated. The resulting increase in fluorescence can be detected on a range of real-time PCR platforms.

## Positive control

For copy number determination and as a positive control for the PCR set up, the kit contains a positive control template. This can be used to generate a standard curve of *L. acidophilus* copy number / CT value. Alternatively the positive control can be used at a single dilution where full quantitative analysis of the samples is not required. Each time the kit is used, at least one positive control reaction must be included in the run. A positive result indicates that the primers and probes for detecting the target *L.acidophilus* gene worked properly in that particular experimental scenario. If a negative result is obtained the test results are invalid and must be repeated. Care should be taken to ensure that the positive control does not contaminate any other kit component which would lead to false-positive results. This can be achieved by handling this component in a Post PCR environment. Care should also be taken to avoid cross-contamination of other samples when adding the positive control to the run. This can be avoided by sealing all other samples and negative controls before pipetting the positive control into the positive control well.

## Negative control

To validate any positive findings a negative control reaction should be included every time the kit is used. For this reaction the RNAse/DNAse free water should be used instead of template.

**Internal DNA extraction control**

When performing DNA extraction, it is often advantageous to have an exogenous source of DNA template that is spiked into the lysis buffer. This control DNA is then co-purified with the sample DNA and can be detected as a positive control for the extraction process. Successful co-purification and real-time PCR for the control DNA also indicates that PCR inhibitors are not present at a high concentration.

A separate primer and probe mix are supplied with this kit to detect the exogenous DNA using real-time PCR. The primers are present at PCR limiting concentrations which allows multiplexing with the target sequence primers. Amplification of the control DNA does not interfere with detection of the *L.acidophilus* target DNA even when present at low copy number. The Internal control is detected through the VIC channel and gives a CT value of 28+/-3.

**Endogenous control**

To confirm extraction of a valid biological template, a primer and probe mix is included to detect an endogenous gene. Detection of the endogenous control is through the FAM channel and it is NOT therefore possible to perform a multiplex with the *L.acidophilus* primers. A poor endogenous control signal may indicate that the sample did not contain sufficient biological material.

**Carry-over prevention using UNG (optional)**

Carry over contamination between PCR reactions can be prevented by including uracil-N-glycosylase (UNG) in the reaction mix. Some commercial mastermix preparations contain UNG or alternatively it can be added as a separate component. UNG can only prevent carry over from PCR reactions that include deoxyuridine triphosphate (dUTP) in the original PCR reaction. Techne recommend the application of 0.2U UNG per assay with a 15 minute incubation step at 37°C prior to amplification. The heat-labile UNG is then inactivated during the Taq polymerase activation step.

# Reconstitution Protocol

To minimize the risk of contamination with foreign DNA, we recommend that all pipetting be performed in a PCR clean environment. Ideally this would be a designated PCR lab or PCR cabinet. Filter tips are recommended for all pipetting steps.

- 1. Pulse-spin each tube in a centrifuge before opening.**  
This will ensure lyophilised primer and probe mix is in the base of the tube and is not spilt upon opening the tube.
- 2. Reconstitute the kit components in the RNase/DNase-free water supplied, according to the table below:**  
To ensure complete resuspension, vortex each tube thoroughly.

Component - resuspend in water	Volume
<b>Pre-PCR pack</b>	
L.acidophilus primer/probe mix (BROWN)	165 $\mu$ l
Internal extraction control primer/probe mix (BROWN)	165 $\mu$ l
Endogenous control primer/probe mix (BROWN)	165 $\mu$ l
<b>Pre-PCR heat-sealed foil</b>	
Internal extraction control DNA (BLUE)	600 $\mu$ l

- 3. Reconstitute the positive control template in the template preparation buffer supplied, according to the table below:**  
To ensure complete resuspension, vortex the tube thoroughly.

Component - resuspend in template preparation buffer	Volume
<b>Post-PCR heat-sealed foil</b>	
Positive Control Template (RED) *	500 $\mu$ l

\* This component contains high copy number template and is a VERY significant contamination risk. It must be opened and handled in a separate laboratory environment, away from the other components.

## DNA extraction

The internal extraction control DNA can be added either to the DNA lysis/extraction buffer or to the DNA sample once it has been resuspended in lysis buffer.

**DO NOT add the internal extraction control DNA directly to the unprocessed biological sample as this will lead to degradation and a loss in signal.**

- 1. Add 4 $\mu$ l of the Internal extraction control DNA (BLUE) to each sample in DNA lysis/extraction buffer per sample.**
- 2. Complete DNA extraction according to the manufacturers protocols.**



# Real-time PCR detection protocol

1. **For each DNA sample prepare a reaction mix according to the table below:**  
Include sufficient reactions for positive and negative controls.

Component	Volume
2x qPCR MasterMix	10 $\mu$ l
L.acidophilus primer/probe mix (BROWN)	1 $\mu$ l
Internal extraction control primer/probe mix (BROWN)	1 $\mu$ l
RNAse/DNAse free water (WHITE)	3 $\mu$ l
<b>Final Volume</b>	<b>15 <math>\mu</math>l</b>

2. **For each DNA sample prepare an endogenous control reaction according to the table below (Optional):**  
**This control reaction will provide crucial information regarding the quality of the biological sample.**

Component	Volume
2x qPCR MasterMix	10 $\mu$ l
Endogenous control primer/probe mix (BROWN)	1 $\mu$ l
RNAse/DNAse free water (WHITE)	4 $\mu$ l
<b>Final Volume</b>	<b>15 <math>\mu</math>l</b>

3. **Pipette 15 $\mu$ l of each mix into individual wells according to your real-time PCR experimental plate set up.**
4. **Prepare sample DNA templates for each of your samples.**
5. **Pipette 5 $\mu$ l of DNA template into each well, according to your experimental plate set up.**  
**For negative control wells use 5 $\mu$ l of RNAse/DNAse free water. The final volume in each well is 20 $\mu$ l.**
6. **If a standard curve is included for quantitative analysis prepare a reaction mix according to the table below:**

Component	Volume
2x qPCR MasterMix	10 $\mu$ l
L.acidophilus primer/probe mix (BROWN)	1 $\mu$ l
RNAse/DNAse free water (WHITE)	4 $\mu$ l
<b>Final Volume</b>	<b>15 <math>\mu</math>l</b>

## 7. Preparation of standard curve dilution series.

- 1) Pipette 90µl of template preparation buffer into 5 tubes and label 2-6
- 2) Pipette 10µl of Positive Control Template (RED) into tube 2
- 3) Vortex thoroughly
- 4) Change pipette tip and pipette 10µl from tube 2 into tube 3
- 5) Vortex thoroughly

Repeat steps 4 and 5 to complete the dilution series

Standard Curve	Copy Number
Tube 1 Positive control (RED)	2 x 10 <sup>5</sup> per µl
Tube 2	2 x 10 <sup>4</sup> per µl
Tube 3	2 x 10 <sup>3</sup> per µl
Tube 4	2 x 10 <sup>2</sup> per µl
Tube 5	20 per µl
Tube 6	2 per µl

8. Pipette 5µl of standard template into each well for the standard curve according to your experimental plate set up.  
The final volume in each well is 20µl.

## Amplification Protocol

Amplification conditions using Lyophilised 2x qPCR MasterMix.

	Step	Time	Temp
	UNG treatment (if required) **	15 mins	37 °C
	Enzyme activation	2 mins	95 °C
50 Cycles	Denaturation	10s	95 °C
	DATA COLLECTION *	60s	60 °C

\* Fluorogenic data for the control DNA should be collected during this step through the FAM and VIC channels

\*\* Required if your Mastermix includes UNG to prevent PCR carryover contamination

# Interpretation of Results

Target	Internal control	Negative control	Positive control	Interpretation
+ive	+ive	-ive	+ive	+ive
+ive	-ive	-ive	+ive	+ive
+ive	+ive	+ive	+ive	*
+ive	-ive	+ive	+ive	*
-ive	+ive	-ive or +ive	+ive	-ive
-ive	-ive	-ive or +ive	-ive	Experiment fail
-ive	+ive	-ive or +ive	-ive	Experiment fail

\* Where the test sample is positive and the negative control is also positive the interpretation of the result depends on the relative signal strength of the two results. This is calculated using the delta CT method by subtracting the target CT value from the negative control CT value (NC CT value – sample CT value). Where the test sample is positive and the NC is detected much later (delta CT  $\geq$  5) then the positive test result is reliable. Where the NC detection is at a similar level to the test sample (delta CT < 5) then the positive test result is invalidated and a negative call is the correct result.

## Internal PCR control

The CT value obtained with the internal control will vary significantly depending on the extraction efficiency, the quantity of DNA added to the PCR reaction and the individual machine settings. CT values of  $28 \pm 3$  are within the normal range. When amplifying a *L. acidophilus* sample with a high genome copy number, the internal extraction control may not produce an amplification plot. This does not invalidate the test and should be interpreted as a positive experimental result.

## Endogenous control

The signal obtained from the endogenous control primer and probe set will vary according to the amount of biological material present in a given sample. An early signal indicates the presence of a good yield of biological material. A late signal suggests that little biological material is present in the sample.